**Gather all your ingredients (To make 4 large / 8 small bombs)**

* ½ cup (120 ml) powdered citric acid
* 1 cup (240 ml) baking soda
* ¾ cup (180 ml) cornflour
* 1/4 cup (60 ml) Epsom salts (optional)
* Food colouring, several drops (optional)
* Essential oils, several drops (optional)
* Water or olive oil, to dampen
* **Combine the powders:** In a large non-reactive mixing bowl, add your citric acid, baking soda, and corn starch. Use your hands, a whisk, or a mixer to thoroughly incorporate all these dry ingredients together.
* If desired, you could measure in 1/4 cup (60 ml) of Epsom salts after stirring the other ingredients together. Doing so is optional, however.
* **Add a bit of water or oil:** Use a spray bottle to lightly dampen the mixture you’ve just created. Add only enough water so that the dough is compactable, but avoid adding so much that it becomes fizzy and must be started over.
* After spritzing the mixture two or three times, give it another stir with your hands. It should**hold its form when pressed together.** If it doesn't, add a little more moisture and try again.

**Pour in your essential oils and food colouring:** When your mixture can be easily moulded in your hands, add a few drops of essential

oil and food colouring to your liking. Feel free to mix multiple scents and colours to create a combination unique to you.

* Lavender is a popular fragrance for relaxation, and eucalyptus is popular for added energy or sinus relief. Feel free to use your favourites!

**Press the mixture into moulds.**Use dome moulds or a mould with rounded edges and press the bath bomb dough into it. Use a lot of pressure to compact the mixture firmly into the moulds, to prevent cracking.

**Let the bombs dry.**Leave the bath bombs in the moulds for at least 24 hours. Place the moulds in a cool, dry area away from moisture. If after 24 hours the bath bombs still feel slightly damp, remove them from the moulds and allow them to air dry independently.

**Store the bath fizzies.** When the bath bombs no longer feel damp to the touch, remove them from their drying area and store them in an airtight container. Keep the bombs away from moisture to prevent premature fizzing, and enjoy them in your next bath!